

SANDY HIGH SCHOOL ATHLETIC/ACTIVITY PARTICIPATION INFORMATION

All students participating in the following events at Sandy High School must meet the following criteria:

Sports: Football, Volleyball, Cross Country, Water Polo, Soccer, Basketball, Wrestling,
Swimming, Skiing, Track & Field, Baseball, Softball, Tennis, Golf
Activities: Cheerleading, Equestrian, Dance, Racquetball, Speech, Snowboard, Wind Ensemble,
Symphonic Choir

1. Must pass five (5) classes the previous semester (freshman will have until the end of 1st semester before they must meet this requirement).
2. Must be enrolled in 5 classes and be on track to graduate. Beginning this year you must earn so many credits each year: Prior to 10th grade you must have earned at least 4 credits; Prior to 11th grade you must have earned at least 9.5 credits; Prior to 11th grade you must have earned at least 16 credits.
3. Must have a physical on file in the Athletic Office prior to participation in any of the above listed sports, or activities (except Speech, Choir and Band). **Physicals are required every two (2) years. Physicals must be on the OSAA approved form.**
4. Must have **medical insurance to participate in any of the above listed sports or activities (except Choir and Band)**. The high school offers medical insurance that may be purchased through an independent company, but coverage is extremely limited. Information regarding this coverage may be obtained at the Athletic Office beginning August 16th during regular school business hours (7:30 am - 3:00 pm).
5. Must go through the Clearance process before being allowed to participate (practice) in any of the above listed sports or activities except Choir and Band. This process will verify that all paper work has been submitted and will confirm your eligibility status.
6. Must have a signed Athletic/Activities Guidelines on file in the Athletic Office prior to participation in any of the sports or activities listed above except Choir and Band.
7. The participation fee (\$170 for all sports and Speech, \$65 for Cheer) will need to be paid at the time Athletic Clearance is issued except for those sports that need to make their teams by making cuts. Fees for those sports (Volleyball, Soccer, Basketball, Tennis, Golf) that make cuts are due 2 weeks after being selected for the team.

Clearance consists of: Clearance Form, Guidelines, Physical (if necessary)

Please make sure that signatures are on all forms and that Insurance information is filled out

**ALL FORMS CAN BE DOWNLOADED FROM THE SANDY HIGH SCHOOL WEB SITE.
www.oregontrailschools.com.**

CLEARANCE DATES/TIMES

Fall Season August 16th – 19th 7:30 am – 3:00 pm

Football, Volleyball, Cross Country, Soccer, Water Polo, Cheer, Dance, Speech, Equestrian

Winter Season November 7th – November 11th 7:30 am – 3:00 pm

Basketball, Wrestling, Swimming, Skiing

Spring Season February 21st – 24th 7:30 am – 3:00 pm

Baseball, Softball, Tennis, Golf, Track & Field

If there are any questions, please call the Athletic Office at 668-8011 ext. 207.