



Volume 14, Issue 1  
October 2011

### Dates To Remember

- Oct. 5: Latino Family Night at 6:00 pm in the Commons.
- Oct. 10: Blood Drive in Gym A.
- Oct. 10: School Board Meeting at 6:00 pm at Sandy High School.
- Oct. 13: No School; conference prep / work day.
- Oct. 14: No School; State-wide in-service day.
- Oct. 17: No School; Parent/Teacher Conferences from noon-4:00 pm and 5:00 pm - 7:30 pm.
- Oct. 19: Early Release begins.
- Oct. 24-29: NWOC Think Pink week.
- Oct. 21: Mandatory Senior class meeting regarding caps and gowns at 9:30 am.
- Oct. 27: Band Concert at 7:30 pm in the Commons.
- Oct. 28: Cap and gown orders taken during lunches.
- Oct. 29: Boo Bash at 1:00 pm in Gym A.
- Oct. 29: Black Light dance at 7:30 pm in Freshman Hall.
- Nov. 6: Daylight savings ends. Set clocks back one hour.
- Nov. 7: Athletic Clearance for Winter Sports.
- Nov. 11: No School; Veteran's Day.

# PIONEER PRIDE

## Sandy High School Oregon Trail School District #46

### A message from Principal Werner

Greetings!

We are off to a great start here at Sandy High School and I am excited and honored to be leading your high school. Students are hard at work in their classes. Activities, clubs, and athletics are in full swing and keeping many students busy beyond their homework load. It is great to see so many students involved here at SHS! Our Web Store option enables you to pay all class, activity and athletic fees on-line. It is available on our home page at the web store link. We have parent teacher conferences coming up this month on Monday, October 17<sup>th</sup> and will also begin our early release schedule Wednesday the 19<sup>th</sup> of October. The "Early Release" will continue every Wednesday from October 19<sup>th</sup> through March 21<sup>st</sup>. At Sandy High School students will be released at 1:44 pm on the early release days. For more information please see our website, or contact us at 503 668-8011. The new high school project continues to progress. Please visit our district website for continued project updates and photos of the progress. The season has definitely changed with the cooler weather. I hope everyone has a pleasant October and is able to find time to enjoy the beginning of Fall with your families.

Sincerely,

Tim Werner  
Principal

### PSAT/NMSQT

The PSAT/NMSQT will be administered at Sandy High School Wednesday, October 12<sup>th</sup>, 2011. The cost is \$14.00 for all students except sophomores - sophomore fees are paid for by the State to encourage participation in the PSAT. *Additional information regarding signup and preparation will be available to students September 28<sup>th</sup>.*

The Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) is a program cosponsored by the College Board and National Merit Scholarship Corporation (NMSC). It's a standardized test that provides firsthand practice for the SAT®. It also gives students a chance to enter NMSC scholarship programs and gain access to college and career planning tools.

The PSAT/NMSQT measures:

- Critical reading skills (two 25-minute critical reading sections)
- Math problem-solving skills (two 25-minute math sections)
- Writing skills (one 30-minute writing skills section)

The whole test requires two hours and 10 minutes. Students have developed these skills over many years, both in and out of school. Some of the most common reasons for taking the PSAT/NMSQT include:

- Receiving feedback on strengths and weaknesses and skills necessary for college study. With the information in the Score Report, students can then focus their preparation on those areas that could most benefit from additional study or practice.
- Students can see how their performance on an admissions test might compare with that of others applying to college.
- Enter the competition for scholarships from NMSC (grade 11).
- Help prepare for the SAT. You can become familiar with the kinds of questions and the exact directions you will see on the SAT.
- Receive information from colleges when you check "yes" to Student Search Service. For additional information please see the following link: <http://www.collegeboard.com/student/testing/psat/about.html>

### Register for emergency text messages

The Oregon Trail School District uses an internet-based system for delivering emergency messages, such as weather closures, to parents and the media. Message delivery has now been extended directly to the public through a system called FlashAlert. You may self-register and manage up to three e-mail and/or Twitter addresses, or cell phone text message numbers, and receive emergency information just minutes after we post it, at no cost to you.

To get started, go to FlashAlert.net and follow the registration instructions. All addresses registered on FlashAlert will remain confidential and shall not be released to any person or organization. Once a year, you will receive an e-mail at your registered e-mail address asking if you wish to continue your subscription.

Important: Please be aware that with the proliferation of spam and the resulting spam filters, it is impossible to guarantee message delivery. After registering at FlashAlert, have a test message sent to verify it will pass through your mail server's filters. However, be aware that while a single message may make it through a filter, a whole group of messages at the same time might not, appearing to be spam. Also note that if you are using a "challenge/response" system (where a person must type in a number or word), there is no way to respond to your mail server's e-mail challenge.

If you have any questions, contact Julia Monteith at [julia.monteith@ortrail.k12.or.us](mailto:julia.monteith@ortrail.k12.or.us) or 503-668-0679.

## Career Center Corner

- Oct 1: SAT test (location determined after online registration)
- Oct 2: Mid-Willamette College Fair Lane Community College Gymnasium, Bldg. #5 Eugene, OR Noon to 3:00 p.m.
- Oct 3: Douglas County College Fair – Roseburg H.S. Noon - 3
- Oct 4: Southern Oregon/Northern California College Fair Medford Armory 9:00 a.m. to Noon
- Oct 6: Central Oregon College Fair Deschutes County Fairgrounds, Redmond 9:30 a.m. – 12:30 p.m.
- Oct 6: U of O Connections (college prep for 1st generation, ethnically diverse, economically disadvantaged h.s. students)
- Oct 7: ASPIRE Fall Conference Willamette University, Salem
- Oct 7: SAT registration deadline for 11/5 test
- Oct 11: OUS visitation at SHS 1:00 p.m.— 2:40 p.m.
- Oct 12: PSAT test – SHS Commons 7:40 am
- Oct 13: Roads to PSU – Admissions Family Night
- Oct 14: Preview OSU
- Oct 15: WOU Fall Preview Day I
- Oct 22: ACT test
- Oct 22: U of O Duck Preview Day
- Oct 25: Portland Visual/Performing Arts Portland State Univ., Smith Memorial Union 6-8 p.m.
- Oct 27: U of O Connections (college prep for 1st generation, ethnically diverse, economically disadvantaged h.s. students)
- Oct 29: OIT Campus Preview Day
- Oct 29: OSU Beaver Open House

### SUGGESTED ACTIVITIES FOR OCTOBER

#### FOR SENIORS:

- Keep track of school/scholarship application deadlines. Note *types* of deadlines - are any related to school-level scholarship programs?
- Register for SAT and/or ACT tests
- If applying to a private college, find out if college will accept the common application found at [www.commonapp.org](http://www.commonapp.org)
- Begin work on college admissions application essays
- Develop a filing system for applications, essays, school information, etc
- Fill out request forms for letters of recommendation to give to teachers, counselors and/or employers
- Learn about college fair dates and locations

#### FOR JUNIORS:

- Register for PSAT, which will be given this month on Oct. 12
- Become involved in school and community! Colleges and scholarship donors look for a strong GPA and involvement in extra-curricular activities, volunteerism, community service, and work for pay
- Explore the CIS website (if available) to explore career possibilities and complete the skills assessment form
- Learn about college fair dates and locations

#### FOR SOPHOMORES and FRESHMEN:

- Explore the ASPIRE website to learn about their post-high school options
- Learn about college fair dates and locations. Try to attend to get an idea of what kinds of schools are out there

### Do you want to play sports in college?

Parents and student athletes are all invited to a presentation from current Sandy High School Football Coach Greg Barton. Coach Barton is a former NFL quarterback and college coach who has spent years providing student athletes assistance in playing at the next level. Presentation will occur on Wednesday, October 19<sup>th</sup> at 7:00 p.m. in Gym A. Any questions contact Athletic Director, Scott Maltman at 503-668-8011, ext. 231.

### Have you purchased your 2011-2012 Oregon Trail calendar?

The Oregon Trail Education Foundation (OTEF) 2011-2012 Calendar highlights artwork from Oregon Trail students, and includes dates for events, meetings, and activities occurring across the entire District. OTEF is a private, voluntary organization, so all profits from the calendar will be contributed toward academic programs that are not otherwise available to our students. Calendars are available for purchase in every school office.

OTEF meets on the 4th Monday of each month, 4:00 p.m. at the Sandy High Career Center. Meetings are open to the public. For more information, contact OTEF President James Milliken at: [james.milliken@ortrail.k12.or.us](mailto:james.milliken@ortrail.k12.or.us).

### Newsletters to be emailed home

The Sandy High School parent newsletter will now be emailed home. If you would like a hardcopy, please have your student stop by the Principal's Office to pick one up.

### Safeguarding students during a crisis situation

During times of crisis, it is the Oregon Trail School District's intent to safeguard our students and staff while managing the safety and security of our schools. The District has in place an Emergency Operations Plan that was developed in cooperation with local emergency response agencies. The plan includes staff training requirements, practice drills, and guidelines for responding to specific incidents.

In the event of a crisis, we will work in tandem with our emergency response partners to care for our students and to secure and manage the crisis. Of course during any crisis situation, we will need cooperation and help with the following:

- **Do not call the school.** We must keep phone lines open for emergency responders.
- **Do not immediately drive to the school.** The school access route and street entrance areas must remain clear for emergency vehicles.
- **Information will be disseminated** to parents and the community through local news media, the district web site, FlashAlert, Twitter, and email.

Whenever possible during a crisis, it is preferred that students remain in their classrooms under their teacher's supervision. However, there may be times when students and staff will need to evacuate the building or relocate to another site.

- When it is determined that a potentially dangerous situation is **outside/near** the building, the school will go into **lockdown** until the situation is resolved.
- When it is determined that a potentially dangerous situation is **inside** the building, the school may go into **partial lockdown, evacuate** to a large-group area on the school site, or **evacuate** to an off-site location.
- **If necessary, parents will be notified as soon as possible with directions for picking up their child.**
  - No student will be dismissed unless a parent (or designee) comes for him or her.
  - All parents or designees who may come for students will need to show photo ID.
  - No child will be allowed to leave with another person, even a relative or babysitter, unless we have written permission or that person is listed on the student's emergency card.

For more information about the District Emergency Response Plan, contact Julia Monteith at 503-668-0679 or [julia.monteith@ortrail.k12.or.us](mailto:julia.monteith@ortrail.k12.or.us).

\_\_\_\_\_  
Student Name (please print)

\_\_\_\_\_  
ID Number

\_\_\_\_\_  
Grad Year

### ***Military and College Release Form***

This is to notify you of our responsibility according to Sec. 9528 of the new “No Child Left Behind Act” and to also inform you of your options in regard to this policy. Please read this letter and take the appropriate action. The policy concerns armed forces recruiter access to students and student recruiting information.

Upon request made by military recruiters and post-secondary educational institutions, the Oregon Trail School District must provide access to student names, addresses and telephone listings.

A student or the parent/guardian of the student may request that the name, address and telephone listing may not be released without prior consent.

**ACTION: If you would like to request that the information listed above not be released without your prior written consent, please sign, date and return this letter to the Sandy High School Counseling Center by October 18, 2010.**

\_\_\_\_\_ Yes, my student’s information may be released to ***Military Recruiters*** without prior written consent.

\_\_\_\_\_ No, I do not want my student’s information released to ***Military Recruiters*** without prior written consent.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

-----  
\_\_\_\_\_ Yes, my student’s information may be released to ***post-secondary education institutions*** without prior written consent.

\_\_\_\_\_ No, I do not want my student’s information released to ***post-secondary education institutions*** without prior written consent.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

***\*\*\*\*Please either mail or return this form to the Counseling Center at Parent Conferences by Oct. 17th. \*\*\*\****



**SANDY HIGH SCHOOL**  
OREGON TRAIL SCHOOL DISTRICT #46

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**Early Release Wednesdays will begin on October 19<sup>th</sup>**

Every school in the Oregon Trail School District is implementing an Early Release Staff Development Program beginning on October 19<sup>th</sup>. All students will be released one hour early each Wednesday for a period of 20 weeks, beginning October 19<sup>th</sup> and going through March 21st. Full-day stand-alone staff development days have been eliminated and replaced with the weekly staff development sessions. The goal of the Early Release Program is to improve student achievement through more effective, on-going staff development. Elementary schools will offer after school options during the program, and middle and high schools will continue supervised after school sports and activities. The program, piloted last year at Sandy High, Cedar Ridge Middle, Sandy Grade, and Firwood Elementary Schools, received overwhelming support from parents and staff.

The 2011/2012 Early Release dates are: 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14, 1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 2/29, 3/7, 3/14, and 3/21.

**A message from our Library**

Your Sandy High Library welcomes you to a new year of reading and research. Come in to browse or ask for help finding a good book to read. We are also available to help with research, whether it is on the shelf resources, subject databases online or navigating the web.

Students may visit the library before or after school and during the class day with a hall pass.

Discover the joy of using your school library.

**EARLY RELEASE BELL SCHEDULE 2011-2012**  
*Every Wednesday from Oct. 19, 2011-Mar. 21, 2012*

**Early Release Schedule**

Period 1-1 7:45-8:32  
Period 2-2 8:37-9:19  
Period 3-3 9:24-10:06

**Lunch 4-5**

**Lunch** 10:06-10:36  
Period 6-6 10:41-11:23  
Period 7-7 11:28-12:10

**Lunch 5-6**

Period 4-4 10:11-10:53  
**Lunch** 10:53-11:23  
Period 7-7 11:28-12:10

**Lunch 6-7**

Period 4-4 10:11-10:53  
Period 5-5 10:58-11:40  
**Lunch** 11:40-12:10

Period 8-8 12:15-12:57  
Period 9-9 1:02-1:44