

Resources for Families

Winter 2022

Local COVID-19 vaccination sites

- **Sandy High School**, 37400 Bell St, Sandy – Indoor vaccine clinic, upper gym: 2/16, 3/9, and 3/30 from 4:00pm-7:00pm.
- **Sandy Pharmacies:** Fred Meyer, Safeway, Walgreens
- **Sandy Community Center**, 38348 Pioneer Blvd, Sandy – Indoor vaccine clinic each Friday from 2:00pm – 5:00pm.

Health Care

School Based Health Center: All OTSD students, grades PK-12, have access to comprehensive physical, mental, and preventive health services at the Sandy School-Based Health Center located at Sandy High School. The clinic is staffed by a family nurse practitioner, mental health therapist, and certified medical assistant. Open 8 am – 4:30 pm on school days. *Call (503) 668-3483 to make an appointment.*

Sandy Health Center and Women, Infants, and Children Program (WIC)

38872 Proctor Blvd

Sandy, OR 97055

(503) 655-8476

<https://www.clackamas.us/publichealth/wic.html>

Oregon Health Plan:

If your income has changed you may be eligible for OHP, even if you have been denied in the past. Apply at ONE.Oregon.gov or call [800-699-9075](tel:800-699-9075). Wait times may be long. You can also get free help from a local community partner. Find one at <http://bit.ly/ohplocalhelp>.

Mental Health Resources:

- Clackamas County Crisis Line 24/7: 503-655-8585
- Sandy Behavioral Health Center: 503-722-6350
- National Suicide Prevention Lifeline: 1-800-273-8255
- Oregon Youth Line: 1-877-968-8491 or text “TEEN2TEEN” to 839863
- Trevor Project: support of LGBTQ youth, 1-866-488-7386
- Youth Era: virtual drop-in/peer support/crisis response, www.youthera.org
- Reach Out Oregon: support for families with children experiencing mental, emotional or behavioral health challenges, 1-833-732-2467 or reachoutoregon.or

Student Supports

AntFarm Tutoring: Volunteers support students with 1:1 tutoring scheduled for a time that works for the student, their family, and the tutor. Contact: Andrew Rathbun, 971-420-3258, andrewr@antfarmyouthservices.com or Emily Van Cleve, 503-567-5044, emilyv@antfarmyouthservices.com.

AntFarm Cultural Arts Program: On the second Friday of each month local artists teach an art skill to interested youth. Contact: Andrew Rathbun, 971-420-3258, andrewr@antfarmyouthservices.com.

Finding Childcare

- If you need help with free childcare, food, housing, health care, or other essential services - dial 211, text your zip code to 898-211, or email children@211info.org.
- **211info.org** helps people identify, navigate and connect with the local resources they need.

Food Assistance

Supplemental Nutrition Assistance Program (SNAP)

Apply online at ohp.oregon.gov

Neighborhood Missions — Hoodland Senior Center

Neighborhood Missions hosts a free food market from 9-10AM the last Monday of every month in the parking lot behind the Hoodland Senior Center, 65000 Highway 26, Welches. The program is a partnership between Neighborhood Missions and the Oregon Food Bank. Contact: 503-622-9213.

Sandy Community Action Center

38982 Pioneer Blvd.

Sandy, OR 97055

(503) 668-4746

<https://sandyactioncenter.com/>

- The food pantry is open from 10 AM to 4 PM, Wednesdays and Fridays. Appointments are advised but not required.
- Free food market: pick up a free food box every third Thursday of the month, 9AM.
- Food donations are accepted Monday-Friday, 10AM-4PM.
- Household donations are accepted Tuesday-Thursday, 11AM-3PM.

Take-out style dinners

The Action Center partners with Community Church of Sandy, 39290 Scenic St, Sandy, to provide free homemade take-out style dinners, each Thursday. Pickup from 3-5 PM. Free delivery also available.

PGE Assistance

Funding is currently available to help families pay their energy bills. Contact the Action Center for more information.

Rental Assistance

The [Oregon Emergency Rental Assistance Program's portal](#) is open to help Oregonians avoid eviction. The Program assists qualified tenants with funding to pay rent, rent arrears, future rent, and certain home utility costs.

AntFarm Covid Support: Rent Assistance can be provided for families who live in Clackamas County with a family member who was working and has lost hours, was laid off, or has lost a business due to Covid-19. Contact: Covid Support Team, 503-668-7962, info@antfarmyouthservices.com.

Other Assistance

AntFarm, Programa de NuevoFuturo: A support program for young people and families.

By working with bilingual and bicultural staff, families can receive help locating resources and finding support for their children. Contact: Cristina Diaz, 971-770-2846, cristinad@antfarmyouthservices.com or Liliana Beltran-Torres, 541-946-3672, lilianab@antfarmyouthservices.com.

Abundant Life Church — Care Network

Abundant Life Church in Sandy is coordinating as a congregation to meet the needs of those asking for assistance. Visit alcpnw.com for more information or to volunteer.

Sandy's Helping Hands

Volunteers are taking calls daily to help those in need in any way possible. Call 503-710-1082, email sandyshelpinghands@gmail.com, or visit sandyshelpinghands.com to inquire about possible assistance.