

March 21, 2020

Enjoy the fresh air and sunshine

Everyone needs to get some fresh air, and kids especially need fresh air and movement. Even though schools are closed, and social distancing is becoming the new norm, we want to encourage you to get outside with your kids. But give yourselves some space from other people - preferably six feet, and avoid gatherings of 10 people or more. Go to the park or school field, but take your own bats, balls, and toys, and clean them after each visit to minimize the spread of germs within the family.

Also note: The OSAA has suspended practices and contests for all sports and activities through April 28.

[OSAA Update](#)

What about playground equipment?

While outdoor play is important for children, especially at times like this, it's impossible to wipe down everything at a playground, which means – playground equipment is not sanitary. So if you decide to take your kids to a playground, make sure they clean their hands frequently with soap and water or hand sanitizer.

School Based Health Center update: *now closed during spring break*

The Sandy SBHC is now closed during Spring Break. After the break, they will offer a telephone-based model of care, to most patients, until further notice. To access telemedicine appointments starting March 30, please call 503-353-5884.

Meal service extended

Our meal service is extended through spring break, until April 28.

Grab & Go Sack Breakfast and Lunch

Any OTSD student may obtain a Grab & Go meal sack. Meals may be picked up at the following school sites, Monday-Friday from 11:30-12:30:

- Pickup at:
 - Bus loop at Sandy High
 - Welches School entrance
 - Naas Elementary entrance

Sack Breakfast and Lunch drop-off

Meals will be delivered, by bus, to five locations. Students living at the locations may meet the bus at the entrance to:

- Pioneer Mobile Park, 11:45AM
- Barlow Trail Mobile Home Park, 11:45AM
- Hood Course Acres, 12:00PM
- Vista Loop Apartments, 12:15PM
- Big Valley Woods, 12:15PM